

**RULES
OF THE
GEORGIA ATHLETIC & ENTERTAINMENT COMMISSION
GEORGIA BOXING COMMISSION
CHAPTER 85-2
Amateur Mixed Martial Arts**

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85-2-.01 Conduct of Promotion. If you are interested in staging an amateur mixed martial arts event in the future, you must notify this office in writing of the date and location of the event. If charging admission then you must receive an approved Mixed Martial Arts Event permit from the Georgia Athletic and Entertainment Commission and abide by the permit requirements.

(a) To be considered for potential approval, you must:

1. submit a written list of the name, address, age, height, weight, trainer and training gym of each contestant;
2. submit a writing from each contestant that he or she has never engaged in a professional style mixed martial arts event;
3. submit writing from the contestant's trainer that the contestant is skilled enough and healthy to compete;
4. submit an approved GAEC physical form and pre-fight physician's report from a licensed physician and a statement from that physician that the contestant is healthy to compete;
5. obtain GAEC approval of the referee;
6. have an ambulance and EMT's on site at all times when competition is ongoing;
7. have a licensed physician on site at all times when the competition is ongoing;
8. agree to abide by any other conditions which the Commissioner may impose on this new activity as events are reviewed and amendments may be made;
9. obtain approval from a sanctioning organization licensed by the Georgia Athletic and Entertainment Commission;
10. agree in writing that you will follow the following bout rules;
11. you must receive prior written approval for the sale of intoxicating beverages. If approved, plastic cups and bottles must be used.

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85-2-.02 WEIGHT CLASSES

(1)Male:

- (a) Flyweight (111.9 lbs. and below);

- (b) Bantamweight(112-117.9 lbs.);
- (c) Super Bantamweight (118-121.9 lbs.);
- (d) Featherweight(122-125.9 lbs.);
- (e) Super Featherweight (126-129.9 lbs.);
- (f) Lightweight (130-134.9 lbs.);
- (g) Super Lightweight (135-139.9 lbs.);
- (h) Welterweight (140-146.9 lbs.);
- (i) Super Welterweight (147-153.9 lbs.);
- (j) Middleweight (154-159.9 lbs.);
- (k) Super Middleweight (160-166.9 lbs.);
- (l) Light Heavyweight (167-174.9 lbs.);
- (m) Super Lt Heavyweight (175-182.9 lbs.);
- (n) Cruiserweight (183-189.9 lbs.);
- (o) Super Cruiserweight (190-194.9 lbs.);
- (p) Heavyweight (195-209.9 lbs.);
- (q) Super Heavyweight (210-249.9 lbs.);
- (r) Absolute (250 lbs and above).

(2)Female:

- (a) Flyweight (104.9 lbs. and below);
- (b) Bantamweight (105-113.9 lbs.);
- (c) Featherweight (114-122.9 lbs.);
- (d) Lightweight (123-131.9 lbs.);
- (e) Welterweight (132-140.9 lbs.);
- (f) Middleweight (141-149.9 lbs.);
- (g) Light Heavyweight (150-158.9 lbs.);
- (h) Cruiserweight (159-167.9 lbs.);
- (i) Heavyweight (168 lbs. and above).

(3)Maximum weight difference between two fighters will be the combination of two adjacent weight divisions.

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85-2-.03 ROUNDS

Amateur MMA bouts will consist of three 3-minute rounds with a one minute rest period in between rounds.

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85-2-.04 EQUIPMENT

- (a) Mouth guard.
- (b) Open finger gloves (minimum 7 oz.).
- (c) Groin protection (male and female).
- (d) Shin pads.
- (e) Instep pads.
- (f) Breast protection (female).

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85-2-.05 RULES

(1) LEGAL TECHNIQUES WHILE STANDING:

- (a) Closed hand strikes to head and body;
- (b) Kicking to body;
- (c) Knees to body and legs;
- (d) Throws/Take downs/Sweeps;
- (e) Standing Submissions;

- (f) Chokes;
 - (g) Armbars;
 - (h) Shouldering.
- (2) LEGAL TECHNIQUES WHILE ON THE GROUND:
- (a) Closed hand strikes to body and legs;
 - (b) Submissions (chokes, armbars, straight leg locks ONLY).
- (3) ILLEGAL TECHNIQUES WHILE STANDING:
- (a) Elbows;
 - (b) Knees to head;
 - (c) Reserved;
 - (d) Kicks to knees;
 - (e) Stomps on feet;
 - (f) Groin strikes;
 - (g) Hitting back of head;
 - (h) Spine strikes;
 - (i) Slamming;
 - (j) Throws onto head or neck;
 - (k) Throws against a joint;
 - (l) Throwing out of competition area;
 - (m) Neck cranks;
 - (n) Holding ropes;
 - (o) Pinching, biting, gouging, and any "dirty fighting".
- (4) ILLEGAL TECHNIQUES WHILE ON GROUND:
- (a) Any striking to head;
 - (b) Elbows;
 - (c) Neck cranks;
 - (d) Heel hooks;
 - (e) Finger locks;
 - (f) Toe locks;
 - (g) Choking with hand on throat;
 - (h) Smothering (hand over mouth);
 - (i) Spine locks;

- (j) Hammer locks
 - (k) Fish hooks;
 - (l) Groin strikes;
 - (m) Spine strikes;
 - (n) Slamming;
 - (o) Throwing out of competition area;
 - (p) Pinching, biting, gouging, and any "dirty fighting".
- (5) ADDITIONAL ITEMS:

(a) If punch or kick causes a knockdown, the action will NOT continue. The standing fighter will not continue to attack. Instead, the referee will begin a 10 count. The standing fighter must go to a neutral corner during the count;

- (b) No Vaseline on the body;
- (c) No shoes;
- (d) No shirts for male contestants;
- (e) No metal zippers on shorts.

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85-2-.06 Advanced Amateur Mixed Martial Arts Rules

(1) Three or more verifiable amateur mixed martial arts fights are required to compete in these rules. Non mandatory. For fighters seeking to turn professional.

(2)LEGAL TECHNIQUES WHILE STANDING:

- (a) Closed hand strikes to head and body;
- (b) Kicking to body;
- (c) Knees to body and legs;
- (d) Throws/Take downs/Sweeps;
- (e) Standing Submissions;
- (f) Chokes;
- (g) Armbars;
- (h) Shouldering.

(3)LEGAL TECHNIQUES WHILE ON THE GROUND:

- (a) Closed hand strikes to head, body, and legs;
- (b) Submissions (chokes, armbars, straight leg locks ONLY).

(4)ILLEGAL TECHNIQUES WHILE STANDING:

- (a) Elbows;
- (b) Knees to head;
- (c)Reserved;
- (d) Kicks to knees;
- (e) Stomps on feet;
- (f) Groin strikes;

- (g) Hitting back of head;
- (h) Spine strikes;
- (i) Slamming;
- (j) Throws onto head or neck;
- (k) Throws against a joint;
- (l) Throwing out of competition area;
- (m) Neck cranks;
- (n) Holding ropes;
- (o) Pinching, biting, gouging, and any "dirty fighting".

(5)ILLEGAL TECHNIQUES WHILE ON GROUND: THE ADVANCED RULES ALLOW STRIKES TO THE HEAD ON THE GROUND AFTER 3 CONFIRMED FIGHTS.

- (a) Elbows;
- (b) Neck cranks;
- (c) Heel hooks;
- (d) Finger locks;
- (e) Toe locks;
- (f) Choking with hand on throat;
- (g) Smothering (hand over mouth);
- (h) Spine locks;
- (i) Fish hooks;
- (j) Groin strikes;
- (k) Spine strikes;
- (l) Slamming;
- (m) Throwing out of competition area;
- (n) Pinching, biting, gouging, and any "dirty fighting".

(6)ADDITIONAL ITEMS:

- (b)No Vaseline on the body;
- (c)No shoes;
- (d)No shirts for male contestants;
- (e)No metal zippers on shorts.

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